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EM&M

The **EMotional intelligence & cybersecurity environMents in youth education (EM&M)** project is an Erasmus+ initiative in the field of youth which aims to develop emotional and digital competence among young people and youth workers.

MAIN RESULTS

>>> The EM&M Manual

A guide for youth workers and stakeholders combining emotional intelligence with cybersecurity education.

>>> The EM&M Storytelling on Emotional Intelligence

Examples of youth narratives, facilitation guides, and techniques for using stories to build empathy, critical reflection, and social connection.

>>> The EM&M Microlearning Environment

An interactive digital learning platform tailored to young people aged 18–25.

SCAN TO FOLLOW US



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